PHOENIX PROTECTIVE VEST **Adult Sizing Chart** WAIST CHEST **SPINE** SIZE 34" to 38" 19" to 21" SMALL 28" to 32" Tall Small 30" to 34" *33" to 38"* 20" to 23" 32" to 36" 19" to 21" **MEDIUM** 38" to 42" 33" to 37" 37" to 42" 21" to 23" Tall Medium

Fitting Instructions:

LARGE

Tall Large

This vest requires measurements of the chest, waist and spine. Remember, the vest is designed to be adjustable. Growing children should select the size in which they fall into the lower side of the measurement range. This will allow room for growth.

42" to 46"

41" to 46"

19" to 21"

21" to 23"

Chest - Measure at the widest point, to a snug fit. **See diagram A.**

36" to 40"

36" to 40"

Waist - Measure at the natural waist. See diagram A.

Spine - Measure from the small bump at the back of the neck down to just below the waist. Due to the adjustability of the shoulders, the vest can be shortened or lengthened. A size range rather than one single spine measurement represents this. **See diagram B.** This measurement is best achieved while seated in a chair. **See diagram C.**

